



**THE GIRLS TRAIN TO TAKE ON A FORMIDABLE FOE
IN AN ALL-NEW EPISODE OF "MAKE IT OR BREAK IT,"
MONDAY, FEBRUARY 22 AT 9:00 PM ET/PT ON ABC FAMILY**

Burbank, CA (February 8, 2010) – With Sasha's gamble to invite the Chinese team to The Rock, the girls intensify their training to show everyone what they are made of, in "The Great Wall," an all-new episode of "Make It or Break It" premiering on ABC Family on **Monday, February 22 (9:00 – 10:00 PM ET/PT)**.

Sasha's plan to invite the Chinese team to The Rock sets the gym ablaze. Kaylie and Emily step up their training, knowing that this might be their last chance at a spot on the Olympic team. With Kaylie still dealing with drama at home and Emily having self-doubts, will they really be up to the task? The Rock moms are also under pressure to throw a fundraiser to raise enough money to cover the Chinese team's expenses. But with the girls all fired up and the fundraiser in full swing, is Sasha's plan as full proof as he thinks? Meanwhile, Payson and her parents face an uphill battle with respect to their futures.

"Make It or Break It" stars Chelsea Hobbs, Ayla Kell, Josie Loren, Cassie Scerbo, Zachary Burr Abel, Peri Gilpin, Candace Cameron Bure and Susan Ward.

"Make It or Break It" is executive produced by Holly Sorensen, Paul Stupin and John Ziffren, along with co-executive producer Joanna Johnson. John J. Sakmar and Kerry Lenhart are consulting producers, with supervising producers Michael Gans and Richard Register and producer Kevin Slattery. The new original series' recurring cast includes Anthony Starke, Nico Tortorella, Marcus Coloma, Rosa Blasi, Jason Manuel Olazabal, Brett Cullen, Erik Palladino, Mia Rose Frampton, Wyatt Smith, Johnny Pacar and Neil Jackson.

Part of the Disney-ABC Television Group, ABC Family is distributed in over 98 million homes. ABC Family features programming reflecting today's families, entertaining and connecting with adults through relevant stories about today's relationships, all told with diversity, dysfunction, passion, humor and heart. ABC Family's programming is a mix of network defining original series and original movies, quality acquired series and blockbuster theatricals. ABC Family is also the destination for annual Holiday events with "13 Nights of Halloween" and "25 Days of Christmas!" ABC Family. A New Kind of Family.

Contact: Catherine Graves
ABC Family
(818) 973-4044
catherine.graves@disney.com

Art available on www.abcfamilymedianet.com

###