



**SPARKS FLY AND RELATIONSHIPS DIE
IN AN ALL-NEW EPISODE OF 'MAKE IT OR BREAK IT,'
MONDAY, FEBRUARY 1 AT 9:00 PM ET/PT ON ABC FAMILY**

Burbank, CA (January 19, 2010) – With the fast approach of Valentine's Day, everyone must confront their love life, whether they want to or not, in "Loves Me, Loves Me Not," an all-new episode of "Make It or Break It" premiering on ABC Family on **Monday, February 1 (9:00 – 10:00 PM ET/PT)**.

Romance is in the air at The Rock for the gymnasts and the parents as Valentine's Day arrives. Emily is distraught since she hasn't heard from Damon in days; Kaylie is struggling with the "butterflies" she gets around Nicky; Payson gets an unexpected Valentine's Day gesture at school and Lauren continues her match-making ways to secure Carter's heart. Even the adults are dealing with their own issues, as Steve and Chloe continue their secret romance. But though love is in the air, will everyone's fairy-tale have a happy ending?

Meanwhile, Summer butts heads with Sasha as she tries to convince him to throw a Valentine's Day mixer for the gymnasts. But what starts out as a struggle of wills comes to a surprising end.

"Make It or Break It" stars Chelsea Hobbs, Ayla Kell, Josie Loren, Cassie Scerbo, Zachary Burr Abel, Peri Gilpin, Candace Cameron Bure and Susan Ward.

"Make It or Break It" is executive produced by Holly Sorensen, Paul Stupin and John Ziffren, along with co-executive producer Joanna Johnson. John J. Sakmar and Kerry Lenhart are consulting producers, with supervising producers Michael Gans and Richard Register and producer Nancy Haas. The new original series' recurring cast includes Anthony Starke, Nico Tortorella, Marcus Coloma, Rosa Blasi, Jason Manuel Olazabal, Brett Cullen, Erik Palladino, Mia Rose Frampton, Wyatt Smith, Johnny Pacar and Neil Jackson.

Part of the Disney-ABC Television Group, ABC Family is distributed in over 98 million homes. ABC Family features programming reflecting today's families, entertaining and connecting with adults through relevant stories about today's relationships, all told with diversity, dysfunction, passion, humor and heart. ABC Family's programming is a mix of network defining original series and original movies, quality acquired series and blockbuster theatricals. ABC Family is also the destination for annual Holiday events with "13 Nights of Halloween" and "25 Days of Christmas!" ABC Family. A New Kind of Family.

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